INTRODUCTION

Global climate change is impacting ecosystems worldwide (Walther et al., 2002), causing range expansions (Elmhagen, Kindberg, Hellström, & Angerbjörn, 2015), habitat contractions (Smale & Wernberg, 2013), decreased productivity (O'Reilly, Alin, Plisnier, Cohen, & McKee, 2003), pest outbreaks (Kurz et al., 2008), phase shifts (Connell & Russell, 2010), and alterations in ecosystem structure and function (Hoegh-Guldberg & Bruno, 2010; Knowlton, 2001). For example, sea surface temperatures (SST) in the Caribbean Sea have increased by up to 0.8°C over the past century (Glenn, Comarazamy, González, & Smith, 2015; Rhein, 2013), impacting the health and viability of coral reef ecosystems. As tropical corals already live near their thermal limits (Fitt, Brown, Warner, & Dunne, 2001; Jokiel & Coles, 1977), even small increases in ocean temperature can have dire consequences for their survival. Increased seawater temperature is the primary cause of widespread coral bleaching, a phenomenon describing the breakdown of the obligate coral–algal symbiosis for many reef-building scleractinian corals (Jokiel & Coles, 1990). Mass coral bleaching events have caused significant coral...
mortality across reef ecosystems globally (Hughes et al., 2017), including within the Caribbean Sea (Eakin et al., 2010; McWilliams, Cote, Gill, Sutherland, & Watkinson, 2005).

Rising seawater temperatures coupled with disease outbreaks have caused major reductions in coral cover on many Caribbean reefs since the 1980s (Gardner, Cote, Gill, Grant, & Watkinson, 2003), induced declines in the structural complexity of local reefs (Alvarez-Filip, Dulvy, Gill, Côté, & Watkinson, 2009), and led to a shift in coral dominance from large, fast-growing, and structurally complex species (e.g., Acropora sp.) to less structurally complex and more stress-tolerant species that tend to be smaller and faster growing (e.g., Porites astreoides; Green, Edmunds, & Carpenter, 2008) or large and slower growing (e.g., Siderastrea siderea; Alvarez-Filip, Carricart-Ganivet, Horta-Puga, & Iglesias-Prieto, 2013). If present warming trends continue, bleaching events on Caribbean coral reefs are predicted to increase in frequency, duration, and severity, potentially occurring every 2 years as soon as 2030 (Donner, Knutson, & Oppenheimer, 2007) and annually by approximately 2040 (Van Hooidonk, Maynard, Liu, & Lee, 2015), depending on the rate of coral adaptation (Logan, Dunne, Eakin, & Donner, 2014). This predicted increase in coral bleaching, triggered by exposure to more intense, frequent, and/or prolonged thermal stress, would negatively impact rates of coral growth and survival, even in thermally tolerant species (Berkelmans & Van Oppen, 2006; Hoegh-Guldberg et al., 2007; Hughes, Graham, Jackson, Mumby, & Steneck, 2010).

Coral growth and calcification rates are influenced by many processes, including seawater temperature, sedimentation, and nutrient concentrations (e.g., see complete discussion of the environmental drivers of coral growth in Castillo, Ries, Weiss, & Lima, 2012) and land-based stressors, such as sedimentation and nutrients (Baumann et al., 2016; Cooper, 2008; Cooper, Uthicke, Humphrey, & Fabricius, 2007; Litman & Fong, 2007; Manzello et al., 2015). For example, coral reefs more proximal to the coast (i.e., nearshore reefs) generally experience more extreme environmental conditions than reefs more distal from the coast (i.e., offshore reefs), including greater thermal variability (Baumann et al., 2016; Oliver & Palumbi, 2011) and land-based stressors, such as sedimentation and nutrients (Baumann et al., 2016; Dodge, Aller, & Thomson, 1974; Fabricius, 2005; Heyman & Kjerfve, 1999). However, environmental conditions on nearshore reefs are highly site-specific, potentially driving large spatial differences in coral growth response.

Here, we characterize reef-wide trends in skeletal extension over the past century for two abundant and widely distributed massive Caribbean reef-building corals, S. siderea and Pseudodiploria strigosa, across five reef environments that span a nearshore-to-offshore environmental stress gradient (Baumann et al., 2016) throughout the Belize Mesoamerican Barrier Reef System (MBRS). Specifically, this study addresses the following research questions: (a) What are the trends in coral growth over the past century for two species of massive corals (S. siderea, P. strigosa) on the Belize MBRS? (b) Do temporal trends in coral growth vary between reef environments? (c) What are the effects of mass bleaching events on temporal trends in coral growth? The resulting reconstructions of historical coral extension will provide a framework for predicting the growth trajectories of these resilient coral species in response to future global change.

2 | MATERIALS AND METHODS

2.1 | Research sites

Research sites were located along the 300 km-long coast of the Belize portion of the MBRS—a 1,200 km-long network of coral reefs in the western Caribbean Sea extending south from the tip of the Yucatán Peninsula in Mexico, traversing the entire coast of Belize and the Atlantic coast of Guatemala, and culminating in the Islas de la Bahía (Bay Islands) off the coast of Honduras (Figure 1). Coral cores were obtained from five different reef environments (i.e., nearshore, backreef, forereef, atoll backreef, and atoll forereef) along a putative nearshore–offshore environmental stress gradient (Figure 1).
Nearshore coral cores were obtained from patch reefs within 10 km of the Belize coast. Backreef and forereef coral cores were obtained on the landward and seaward sides of the reef crest, respectively. Backreef, forereef, atoll backreef, and atoll forereef are referred to collectively as offshore reefs as they are located 30–60 km away from mainland Belize. Corals in nearshore habitats are exposed to higher summer temperatures, increased thermal variability (diurnal and seasonal), more days per year above the estimated bleaching threshold (Baumann et al., 2016), elevated chlorophyll-a (used as a proxy for nutrient delivery and primary productivity; Baumann et al., 2016), and greater local anthropogenic stress (e.g., sedimentation, pollution) than offshore corals (backreef, forereef, atolls) due to their proximity to mainland Belize (Carilli et al., 2010; Heyman & Kjerfve, 1999).

### 2.2 Coral core collection

A total of 124 coral cores (93 *S. siderea* and 31 *P. strigosa*) were collected from 19 sites along the Belize MBRS by SCUBA divers using a pneumatic core drill (Chicago Pneumatic CP 315) in 2009 and 2012 (Castillo, Ries, & Weiss, 2011) or a hydraulic core drill (Chicago Pneumatic COR 5 in 2012 and CS Unitec model 2 1335 0010, 3.8 HP in 2015) equipped with a 5 cm diameter diamond tipped core bit (Castillo et al., 2011; Table S1). All of the *P. strigosa* cores (31 in total) and 37 of the *S. siderea* cores were collected in 2015. The remaining 56 *S. siderea* cores were collected in 2009 (13) and 2012 (43). All cores were extracted from colonies that appeared healthy (i.e., no bleaching, abnormalities, scarring, or disease). Cores were extracted parallel to the central growth axis of each colony. Overall, core lengths ranged from 10 to 100 cm. After extracting each core, a concrete plug was inserted into the drilled hole and the hole was sealed with Z-spar underwater epoxy to prevent bioerosion and promote regrowth of coral tissue. Cores were rinsed in ethanol, stored in polyvinyl chloride tubes, and transported to the University of North Carolina at Chapel Hill for analysis. Collection permits were obtained from the Belize Fisheries Department and all cores were collected and transported pursuant to local, federal, and international regulations. It should be noted that because cores were collected from apparently healthy corals, the results of this study may underestimate population-wide declines in coral growth rates over the historical study interval owing to the well-documented deleterious effects of coral diseases and growth anomalies on calcification rates (e.g., Peters, 2015 and references therein).

### 2.3 Coral computer tomography scanning

Coral cores collected in 2009 and 2012 were computed tomography (CT) scanned on a Siemens Somatom Definition AS (120 kV, 300 mAs, 0.6 mm slice thickness) scanner at Wake Radiology Chapel Hill in 2013 using methods modified from Carilli et al. (2012). Cores collected in 2015 were scanned on a Siemens Biograph mCT (120 kV, 250 mAs, 0.6 mm slice thickness) at UNC Biomedical Research Imaging Center (BRIC). Images were reconstructed at 0.1 mm increments and exported as digital imaging and communications in medicine (DICOM) files.

Cores collected in 2009 and 2012 were scanned with the growth axis oriented perpendicular to the length of the CT table. Importantly, the perpendicular orientation of the cores on the CT scanning table was found to distort density readings slightly at the ends of each core through a phenomenon known as ‘beam hardening’ (Brooks & Di Chiro, 1976). To rectify this issue, cores collected in 2015 were scanned in a parallel orientation relative to the CT table. However, all cores from 2009 and 2012 were slabbed and sampled for geochemical analysis before they could be rescanned; thus, skeletal density could not be reliably measured from these cores. As a result, analyses in this study focus on annual linear extension rate as the principal growth parameter, which has been found to be a reliable proxy for annual coral calcification (Figure 2; Supplementary Methods; Lough & Barnes, 2000), though the relative contribution of linear extension and density to calcification rate varies by species (Pratchett et al., 2015).

Linear extension rates were measured by uploading all CT scans to the DICOM image viewing softwares OsiriX or Horos v2.0.2, which permitted visualization of annual density bands on 8–10 mm thick ‘digital slabs’ of stacked 0.6 mm layers using ‘Mean’ projection mode (i.e.,
Figure 2  (a) Results of linear model of extension rate (cm/year) versus time for *Siderastrea siderea* by reef environment for the 1814–present interval. Gray lines are raw extension data, black lines are average linear models of extension for all *S. siderea* cores across all reef environments, blue lines are average linear models of extension for all *S. siderea* cores within each reef environment, and red lines are linear models of extension for individual *S. siderea* cores within reef environments. Raw (gray) and linearly modeled (red) extension chronologies highlight the variability in growth amongst colonies. (b) Slopes of linear models describe extension versus time for each reef environment, with small points representing individual cores and large points representing average slopes of all cores within a reef environment (gray bars and colored bars are 50% and 95% confidence intervals (CI), respectively, of average slope for each reef environment). Slopes are significantly different from each other if their 95% CI do not overlap. Likewise, slopes are significantly different from zero if their 95% CI do not overlap with the vertical red dashed line centered on zero. (c) Five-year averages of skeletal extension rate by reef environment ± 1 SE. Asterisks indicate statistically significant differences (p < .05) between nearshore and forereef values.

Displays mean density of each voxel within the digital slab. Annual high- and low-density band couplets were inspected visually as the distance from the top of a high density band to the bottom of the next low density band. Linear transects were then drawn parallel to the coral growth axis and within the exothecal space between corallite walls down the core using the ‘Length’ tool in OsiriX/Horos. Density measurements were then extracted from linear transects and a custom R code was used to calculate the width of each annual pair of high- and low-density bands. Transects were performed in triplicate for each segment of the core in order to average out the spatial variability in linear extension within the annual growth bands. The entire length of the core was analyzed in this manner, or until it was no longer possible to resolve annual growth bands due to the effects of bioerosion and/or loss of seasonal density banding. Additional details on this methodology, including example images of coral CT scans, can be found in Figure S1 and in Rippe et al. (2018). Data for the individual cores analyzed in this experiment, including length of each growth record, are provided in Table S1.

2.4 | Linear extension as a proxy for calcification rate

To validate the use of linear extension as a proxy of coral calcification in this study, skeletal density and calcification rate were also calculated for all cores collected and CT scanned in 2015 (n = 68 cores). Coral density standards of known mass and volume were obtained from coral cores with the same diameter as those used in the study and scanned alongside the corals to construct a standard curve for each scanning session that correlated Hounsfield unit values (CT scan output) to density (g/cm³; DeCarlo et al., 2015; Rippe et al., 2018). In this study, extension rate was well correlated with calcification rate (p < .001, R² = 0.919 for *S. siderea* and p < .001, R² = 0.598 for *P. strigosa*), while density is not (p < .001, R² = 0.052 for *S. siderea* and p < .001, R² = 0.002 for *P. strigosa*; Figure S2).

2.5 | Belize SST, population, and agricultural data

Hadley Centre SST (HadISST1, 1880–present) and NOAA Coral Reef Watch Degree Heating Weeks (DHW; 1994–present) data for Belize were obtained from the NOAA Environmental Research Division Data Access Program (ERDDAP) website (http://coastwatch.pfeg.noaa.gov/erddap/griddap/index.html) over the full available temporal. SST measurements from all 1° × 1° latitudinal–longitudinal grid cells within the Belize Exclusive Economic Zone were averaged annually, and linear regression was used to evaluate statistically significant changes in temperature over time.
Degree Heating Weeks is a measure of accumulated thermal stress over a 12 week interval measured in °C weeks where 1°C week is equal to 1 week of temperatures 1°C over the estimated 29.7°C regional coral bleaching threshold for Belize (Aronson, Precht, Toscano, & Koltes, 2002) over a 12 week interval (Liu, Strong, Skirving, & Arzayus, 2006). Maximum annual DHW data at 5 km resolution were obtained from NOAA ERDAAP for grid cells nearest each coring site. DHW data were averaged across reef environments to compare accumulated thermal stress between each environment during reported bleaching events.

Population data for the country of Belize from 1980 to present and for major coastal cities in Belize (i.e., Belize City, San Pedro, Dangriga, Punta Gorda) from 2008 to present were obtained from the Statistical Institute of Belize website (http://www.sib.org.bz/statistics/population). Agricultural land-use statistics for Belize from 1960 to present were obtained from the Food and Agricultural Organization of the United Nations (FAO) website (http://www.fao.org/faostat/). All parameters are plotted in Figure S3.

2.6 | Statistical analyses

To evaluate long-term trends in linear extension rates across the Belize MBRS, a linear mixed effects modeling framework was employed, which accounts for variability in individual S. siderea and P. strigosa core chronologies, rather than relying on a single master chronology (Castillo et al., 2011). A linear regression of annual skeletal extension rates versus year was obtained by fitting a set of mixed effects models that treated each individual core as a sampling unit and incorporated the inherent variability in core chronologies as random effects (both random slopes and random intercepts for each core chronology; Table 1; Table S2). This mixed effects modeling approach was employed to address the inherent hierarchical nature of coral skeletal extension data. See Castillo et al. (2011) and Rippe et al. (2018) for further details on the advantage of this approach with respect to interpreting coral extension data.

2.7 | Linear mixed effects model selection

The central goal of the present study was to describe how annual skeletal extension of S. siderea and P. strigosa on the Belize MBRS varied for each species throughout time (1814–present for S. siderea and 1950–present for P. strigosa). A model testing procedure was employed for each species (Table S2; Supplementary Methods) and Akaike information criterion (AIC) was used to identify the best-fit model (Burnham & Anderson, 2002). AIC provides a measure of the explanatory power of a model discounted by the number of parameters that contributed to its construction; a lower value indicates a better fitting model (Burnham & Anderson, 2002).

Statistical analyses were carried out using the nlme package (Pinheiro et al., 2017) in R (R Core Team, 2017). Slopes and the variance of slopes were extracted from each linear mixed effects model for all reef environments. The 50% and 95% confidence intervals (CI) were calculated for all reef environments within each species, with 95% CI that do not overlap indicating significant differences in the rate of change in annual extension between reef environments (Figures 2 and 3; Table S3 and S4). t Tests and 95% CIs were used to identify slopes that were significantly different from zero (Figures 2 and 3; Table S3 and S4). This method has previously been utilized to analyze coral core data (Barkley & Cohen, 2016; Castillo et al., 2011; Rippe et al., 2018) and has been shown to be sensitive enough to assess significant differences between small slopes (on the order of $10^{-5}$ cm/year) and zero (Castillo et al., 2011).

2.8 | Reef environment-averaged extension rates

To investigate differences in recent extension rates between reef environments, skeletal extension rates (cm/year) were averaged for all corals within a reef environment across 5 year time bins from 1950 to 2014 (e.g., 1950–1954, 1955–1959, etc.) in order to smooth out year-to-year noise in coral growth associated with anomalous growth events caused by warming or local stressors. A two-way ANOVA and a Tukey honestly significant difference (HSD) test were used to determine significant differences ($p < .05$) in average extension between reef environments within these 5 year time bins (Figures 2c and 3c; Table S3).

2.9 | Extension anomaly versus mass-bleaching events

To test whether reported coral bleaching events correlate with low annual extension rates, ‘low extension’ years were identified as those with extension rates falling in the bottom 10th percentile of the core’s full growth record for each core chronology. The fraction of cores registering low extension was determined for each
year in which the sample size exceeded five in a given reef environment (1975–present for \(P.\) strigosa; 1920–present for \(S.\) siderea). Low extension anomalies within each reef environment were then compared with years in which max DHW \(\geq 4\), as DHW = 4 is the threshold at which significant bleaching is expected (Eakin et al., 2010). These high DHW years were compared with reports of historical mass-bleaching events in the Caribbean region: 1995 (McField, 1999); 1997–1998 (Aronson et al., 2002; Podesta & Glynn, 2001); 2005 (Donner et al., 2007; Eakin et al., 2010; LaJeunesse, Smith, Finney, & Oxenford, 2009); 2009–2010 (Aleu & Clement, 2014; Buglass, Donner, & Aleu, 2016; Kemp, Hernandez-Pech, Iglesias-Prieto, Fitt, & Schmidt, 2014); and 2014–2016 (Eakin et al., 2016). Years that directly preceded or followed a reported bleaching event, years containing bleaching events (DHW \(\geq 4\)), and other years that had high number of cores exhibiting low extension were noted and included as explanatory variables in least squares regression, thereby identifying which years contained significantly higher fractions of cores exhibiting low extension within each reef environment. The fraction of cores exhibiting low extension was then averaged for bleaching and nonbleaching years for each reef environment. The percentage of cores exhibiting low extension was then compared between bleaching and nonbleaching years via two-way ANOVA and a Tukey HSD test (\(p < .05\); Table S5).

3 | RESULTS

3.1 | Coral linear extension trends

The slopes of annual skeletal extension rates versus time for nearshore \(S.\) siderea from the late 19th century to present (Table 1; Figure 2a,b; Figure S6) and nearshore \(P.\) strigosa from the mid-20th century to present (Table 1; Figure 3a,b; Figure S7) were significantly negative (Table 1; Table S3), indicating declining rates of mean skeletal extension for both coral species on nearshore reefs across the Belize MBRS. In contrast, \(S.\) siderea and \(P.\) strigosa colonies from the backreef, forereef, atoll backreef, and atoll forereef (collectively defined as ‘offshore’ because of their >30 km distance from mainland Belize) exhibited no net decrease in mean skeletal extension through time (Table 1; Figures 2a,b and 3a,b). However, it is important to note that the extension rates versus time slopes for individual cores for both species in each of the respective reef environments varies from positive to negative, indicating colony and site-level variability in growth responses through time (Figures 2 and 3). Skeletal extension trends that mirror these century scale trends are also seen when data are trimmed to include only the years 1980–present, an interval that includes at least 50% of all cores from each reef environment and a total of 66% of total cores (Figures S4 and S5).

![Figure 3](image-url)  
**Figure 3** | (a) Results of linear model of extension rate (cm/year) versus time for *Pseudodiploria strigosa* by reef environment for the 1950–present interval. Gray lines are raw extension data, black lines are average linear models of extension for all *P. strigosa* cores across all reef environments, blue lines are average linear models of extension for all *P. strigosa* cores within each reef environment, and red lines are linear models of extension for individual *Siderastrea siderea* cores within the reef environments. Raw (gray) and linearly modeled (red) extension chronologies highlight the variability in growth amongst colonies. (b) Slopes of linear models describe extension versus time for each reef environment, with small points representing individual cores and large points representing average slopes of all cores within a reef environment (gray bars and colored bars are 50% and 95% confidence intervals [CI], respectively, of average slope for each reef environment). Slopes are significantly different from each other if their 95% CI do not overlap. Likewise, slopes are significantly different from zero if their 95% CI do not overlap with the red dashed line centered on zero. (c) Five-year averages of skeletal extension rate by reef environment ± 1 SE. Asterisks indicate statistically significant differences (\(p < .05\)) between nearshore and forereef values.
### TABLE 2  
Average maximum annual Degree Heating Weeks (DHW) for each reef environment and maximum DHW for each site within a reef environment for all years of the instrumental record in which DHW ≥ 4 for any site

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Note: Years in which mass bleaching was reported in the Caribbean region are bold. All DHW values ≥ 4 are bold. Average values are reported as average ± 1 SEM.
Nearshore *S. siderea* and *P. strigosa* exhibited higher skeletal extension rates than offshore conspecifics from at least 1990–2009 (Figures 2c and 3c; Tables S3 and S4; *p* < .001). This trend is visually apparent as far back as 1965, but decreasing sample size further back in time may have diminished the statistical significance of this relationship (Figures 2c and 3c; Tables S3 and S4). After 2009, however, skeletal extension rates of nearshore *S. siderea* and *P. strigosa* converge with those of their offshore conspecifics (respectively; Figures 2c and 3c; Tables S3 and S4) owing to both the decline in skeletal extension rates for the nearshore corals and the increase in skeletal extension rates for the offshore corals (Figures 2c and 3c). Notably, nearshore and forereef linear extension rates also converge between 1950 and 1960. Earlier convergences of nearshore and forereef extension rates cannot be evaluated for *P. strigosa* due to the shorter temporal length of their nearshore growth record, but may have occurred.

### 3.2 Environmental parameters

The average SST across all reef environments of the Belize MBRS has increased by ca. 0.5°C since 1880 (*p* < .01; Figure S3a). Additionally, human population densities in local coastal cities increased by 39% and regional agricultural land area increased by 100% from the mid-20th century to present (Figure S3b,c).

### 3.3 Impacts of acute bleaching stress on coral linear extension

Mass coral bleaching was documented in the Caribbean in 1995, 1998, 2005, 2010, and 2014–2016 (see Materials and Methods). DHW data for each reef environment indicates likely mass bleaching (*DHW ≥ 4*; Liu et al., 2006) at nearshore sites in 1998, 2010, and 2015, at backreef and forereef sites in 1998 and 2010, and at atoll backreef, and atoll forereef sites in 1998, 2005, 2009, 2010, and 2011 (Table 2). Nearshore, backreef, and forereef sites experienced the highest DHW values in 1998, while atoll backreef and atoll forereef experienced the highest DHW values in 2005 (Table 2). Notably, there is considerable variation in DHW values between sites within a single reef environment (Table 2). The skeletal extension data from the present study were evaluated to determine whether bleaching conditions (*DHW ≥ 4*) significantly impacted coral skeletal extension within each reef environment of the Belize MBRS. Overall, skeletal extension was significantly lower during years in which DHW ≥ 4 than during nonbleaching years for *S. siderea* (*p* < .001; Table S5), but not for *P. strigosa*, although *P. strigosa* did exhibit significantly lower extension in 2011 (i.e., DHW ≥ 4 in 2011) than during nonbleaching years (i.e., DHW < 4; Figure 4; Table S6). In general, no reef environment was more likely than any other to experience lower extension rates during bleaching years than during nonbleaching years.
However, skeletal extension was anomalously low for *S. siderea* on the forereef of the atolls following the 1995 bleaching event in spite of low DHW values (Table 2). Skeletal extension was also anomalously low for *S. siderea* on the forereef and backreef of the atolls during the 1997–1998 bleaching event and on the backreef of the atolls following the 2005 bleaching event (Figure 4; Table S6), for nearshore *S. siderea* and *P. strigosa* following the 2010 bleaching event (Figure 4; Table S6), and for nearshore *S. siderea* and forereef corals of both species in the 2014 bleaching year (Figure 4; Table S6). Notably, anomalously low skeletal extension rates were also observed for some nonbleaching years in both species (e.g., in 1985 for nearshore *S. siderea* and in 1992 for nearshore *P. strigosa*; Figure 4; Table S6), potentially due to other stressors (e.g., storms, human activity, or sedimentation; Hughes et al., 2017; Pratchett et al., 2015) or unreported/small-scale bleaching.

4 | DISCUSSION

4.1 | Declining skeletal extension rates for nearshore corals

We postulate that the observed declines in skeletal extension rates for nearshore *S. siderea* and *P. strigosa* corals may have been driven primarily by a combination increasing seawater temperatures (Carilli et al., 2012; Pratchett et al., 2015), ocean acidification, eutrophication, increasing sedimentation, coastal development, and/or land-use change (Fabricius, 2005; Hoegh-Guldberg et al., 2007; Wiedenmann et al., 2013). Additionally, nearshore reef environments historically supported higher skeletal extension rates than offshore reef environments, but recent declines in nearshore coral growth rates have caused nearshore coral growth rates to converge with offshore coral growth rates since 2010 (Tables S3 and S4; Figures 2c and 3c; Figure S4).

Sea surface temperature across all reef environments of the Belize MBRS has increased since 1880 (*p < .01*; Figure S3a), and average summer SST across this reef system has increased by approximately 0.5°C since 1985 (Castillo et al., 2012). Analysis of satellite SST data for the region reveals that nearshore reefs on the Belize MBRS were exposed between 54 and 78 days per year above the estimated regional bleaching threshold of 29.7°C (Aronson et al., 2002) over the years 2003–2012 (Baumann et al., 2016). In contrast, offshore reef sites experienced only 20–40 days per year above the regional bleaching threshold during that same interval. Nearshore reefs also had warmer average annual temperatures (0.6–0.7°C warmer) as well as hotter summers than offshore reefs (Baumann et al., 2016).

Although temperature increases up to and slightly beyond a coral’s thermal optimum can increase coral skeletal growth rates (Castillo et al., 2014; Courtney et al., 2017; Jokiel & Coles, 1977; Pratchett et al., 2015), and corals become locally adapted to warmer temperatures over time (Coles & Brown, 2003), temperatures surpassing the thermal optimum by more than a degree have been shown to negatively impact coral growth (Lough & Cantin, 2014; Pratchett et al., 2015). This negative impact of elevated temperature on coral skeletal growth rate is driven not only by the magnitude of the warming, but also by its duration (Pratchett et al., 2015). Century-scale and recent (1980–present) declines in skeletal extension rates of nearshore colonies along the Belize MBRS, combined with the absence of century-scale or recent (1980–present) declines in the mean extension rates of backreef and forereef colonies (Figures 2 and 3; Figures S4 and S5), suggest that a critical threshold of thermal stress (e.g., magnitude, frequency, and/or duration) may have been exceeded for nearshore *S. siderea* and *P. strigosa* corals, but not for forereef and backreef colonies.

However, localized drivers such as eutrophication and sedimentation may also play a role in the convergence of nearshore and offshore coral growth rates observed in this study. Previous work has demonstrated that high sediment and riverine nutrient loads (D’Olivo et al., 2013) and increased turbidity (Fabricius, 2005) impair coral growth rates. Additionally, nutrient enrichment along with subsequent altering of nitrogen (N):phosphorus (P) ratio (Rosset, Wiedenmann, Reed, & D’anguelo C, 2017; Wiedenmann et al., 2013) can increase bleaching susceptibility and lead to decreased growth rates (D’Olivo et al., 2013; Dodge et al., 1974). Coral calcification rates on nearshore reefs of the Great Barrier Reef are declining on multidecadal timescales, while calcification rates on offshore reefs are increasing (D’Olivo et al., 2013). This declining growth on nearshore reefs is attributed to the impacts of wet season river discharge of sediment and nutrients, a trend that is exacerbated by warming (D’Olivo et al., 2014). As human population densities and agricultural land area have increased in Belize since the mid-20th century (Figure S3b,c), runoff and eutrophication in the MBRS have also increased over time, with the greatest effects of these land-based changes occurring in the nearshore environments closest to the land-based runoff sources (Figure S2; Carili, Prouty, Hughes, & Norris, 2009; Chérubin, Kuchinke, & Paris, 2008; Heyman & Kjerfve, 1999; Prouty, Hughes, & Carilli, 2008). However, *S. siderea* and *P. strigosa* also metabolize N from ingested sediments and particulates (Mills et al., 2004; Mills & Sebens, 2004). This N may augment coral nutrition during intervals of increased sedimentation and eutrophication, potentially mitigating some of the negative impacts of these processes. Thus, elevated nutrient and sediment loads on nearshore reefs may historically contribute to higher growth rates compared to offshore reefs, but continued nutrient and sediment loading associated with coastal development and increased runoff due to increasing human populations and/or land-use changes (Figure S3b,c) may have contributed to the observed decline in nearshore coral growth in recent years.

It is likely that increasing nutrient and sediment loading (Heyman & Kjerfve, 1999; Thattai, Kjerfve, & Heyman, 2003), coupled with increasing water temperatures and increasing duration of time that water temperatures exceed the species’ bleaching threshold, are responsible for the decline in skeletal extension rates observed for nearshore colonies of the Belize MBRS in this study. This finding agrees with a previous work documenting declining growth rates...
for *Orbicella faveolata* corals nearest land-based impacts on the MBRS (Carilli et al., 2010). The observed declines in nearshore extension rates and recent convergence of extension rates for nearshore and offshore colonies of *S. siderea* and *P. strigosa* (Figure 2) suggest that the growth advantage that nearshore corals appear to have historically had over offshore corals has now been lost, perhaps due to the rate of warming surpassing the speed at which corals can locally adapt/acclimatize to it, coupled with eutrophication and sedimentation on nearshore reefs (Table S3; Table S4; Figures 2 and 3; Courtney et al., 2017). If temperature and eutrophication continue to increase, nearshore coral growth rates should continue to decline—with offshore corals potentially following suit. Indeed, some offshore corals in southern Belize already exhibit declining growth rates, likely due to the proximity to land-based stressors (Carilli et al., 2010). Although there is a metagenomic evidence that nearshore *S. siderea* have begun acclimatizing to these elevated temperatures (Davies, Ries, Marchetti, & Castillo, 2018), the observation that skeletal extension rates have continued declining for both species up to the present time in nearshore reefs of the MBRS suggesting that such acclimatization is not sufficient to maintain stable rates of skeletal growth under present-day nearshore environmental conditions.

### 4.2 Recent bleaching events differentially impact corals across reef environments

*Siderastrea siderea* corals exhibited anomalously low linear extension rates during years in which DHW ≥ 4 (and the years directly following) while *P. strigosa* corals did not, indicating that growth rates of *S. siderea* may be more susceptible to acute bleaching stress (Figure 4; Tables S5 and S6). *S. siderea* and *P. strigosa* are classified as stress-tolerant coral species (Darling, Alvarez-Filip, Oliver, McClanahan, & Côté, 2012), but *S. siderea* are often among the first coral species to bleach during a thermal stress event (Banks & Foster, 2016; Hernández-Delgado et al., 2006). While the early onset of bleaching for a stress-tolerant *S. siderea* appears to be a contradiction for life history expectations, the resilience of *S. siderea* to bleaching events may suggest that early onset bleaching is part of an adaptive strategy for this coral (Buddemeier & Fautin, 1993) under elevated thermal stress and warrants further investigation.

Anomalously low growth is observed in nearshore colonies of both species in 2011 following the 2010 bleaching event, during which DHW ≥ 4 (Table 2; Table S6; Figure 4). Anomalously low growth is also observed in atoll backreef *S. siderea* during the 2005 bleaching year (DHW ≥ 4) and the year immediately following (2006; Table 2; Table S6; Figure 4). Average DHW for individual reef environments were ≥4 on 16 other occasions, yet anomalously low growth was not recorded during these years or during the years directly following them—including the year 1998, the only year in which every individual site was exposed to DHW ≥ 4 (Table 2). In fact, the only year in which anomalously low growth was observed across multiple reef environments was 2014, a year in which DHW was not greater than 4, highlighting the variability in how individual bleaching events impact skeletal extension across coral species and reef environments (Figure S8). Importantly, nearshore, backreef, forereef, and atoll forereef corals did not exhibit anomalously low extension during the year in which they experienced the highest DHW (1998; Tables 2; Table S6), but atoll backreef *S. siderea* did (2005–2006; Tables 2; Table S6). Collectively, these results indicate differential growth responses to bleaching between reef environments and years and that the magnitude of acute thermal stress alone is likely not a reliable predictor of coral growth rate. This is likely due to spatial variation in warming across the MBRS, site- and depth-specific thermal variability that can reduce bleaching (Safaie et al., 2018; Schramek, Colin, Merrifield, & Terrill, 2018), as well as the ability of coral populations to modify their bleaching thresholds (Coles & Brown, 2003; Palumbi, Barshis, Traylor-Knowles, & Bay, 2014).

Overall, growth rates of *S. siderea* appear more susceptible to the impacts of bleaching than *P. strigosa*. Additionally, as corals on nearshore reefs only exhibited anomalously low extension rates following one of three bleaching events (DHW ≥ 4 on nearshore reefs; 2010; Table 2; Table S6; Figure 4), the observed decline in skeletal extension rates on nearshore reefs of the Belize MBRS are not likely due to the increasing frequency of mass bleaching events in recent years. Instead, the steady nature of the decline in skeletal extension of the investigated species in nearshore reef environments suggests that it is related to the increase in seawater temperatures over the same interval, coupled with the increasing influence of land-based stressors, such as increased sedimentation and eutrophication. Nevertheless, the increasing frequency of the bleaching events may indeed be exacerbating the deleterious impacts of steady anthropogenic warming on skeletal extension rates in nearshore reef environments, especially for *S. siderea*.

### 4.3 Nearshore colonies of *P. strigosa* on pace to cease growing by year 2110

Although both coral species studied here are considered stress-tolerant (Darling et al., 2012), linear extrapolation of extension trends observed here suggest that nearshore *P. strigosa* corals could cease growing by 2110 and *S. siderea* by 2370. These results suggest that coral growth on nearshore reefs along the Belize MBRS may decline substantially over the next century, even in the most stress-tolerant species, threatening reef complexity and leading to habitat loss (Alvarez-Filip et al., 2009, 2013).

These predicted declines in coral growth assume that the temporal trends in coral extension observed over the cored interval can be linearly extrapolated into the future, which is predicated on the assumptions that the primary coral stressors (e.g., warming, acidification, eutrophication, sedimentation, pollution) will continue changing at the same rate and that corals’ responses to these stressors will be linear. However, continued improvement of local water quality and reduction in global CO₂ emissions (if achieved) have the potential to mitigate some of these projected growth decreases. For example, emission scenarios lower than or on par with the commitments of...
the Paris Agreement have been projected to potentially increase or at least maintain stable growth rates for Bermudan corals assuming +0.1°C/decade acclimatization rates (Courtney et al., 2017). Conversely, further deterioration of water quality and/or acceleration of warming and acidification beyond rates observed over the cored interval and/or development of synergistic impacts amongst stressors would accelerate future declines in coral extension.

4.4 | Declining skeletal extension of nearshore corals may foretell decline of offshore corals on the MBRS

The results of the present study reveal a decline in historically elevated nearshore calcification rates in Belize MBRS S. siderea and P. strigosa corals to match calcification rates of their offshore con specifics. Single mass bleaching events do not reliably correlate with coral extension rates—suggesting that the long-term decline in nearshore coral extension cannot be unequivocally attributed to the increasing frequency of mass bleeding events alone, although they may play a role. Instead, long-term increases in seawater temperature and local stressors (e.g., eutrophication and sedimentation), are the more likely drivers of the observed decline in nearshore coral growth. Any advantage historically conferred to corals by inhabiting the nearshore environment appears to have substantially diminished in recent decades. Importantly, as cores were only collected from apparently healthy corals, the results of this study are indicative of growth trends for well-performing corals within each reef environment. As such, these results likely underestimate declines in coral growth rates observed here. Further research on this subject should explore the intrinsic (e.g., adaptation and acclimatization) and extrinsic (e.g., environmental gradients) processes that lead to the observed variability in growth trends within and across reef environments. Continued protection, monitoring, and management of nearshore reef environments are essential to afford these corals on the Belize MBRS sufficient time to acclimatize to and, hopefully, survive this interval of rapid climate and oceanic change.

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CONFLICT OF INTEREST

The authors are not aware of any competing interests.

AUTHOR CONTRIBUTION

J.B. designed the study, carried out the research, carried out the statistical analysis, and wrote the manuscript; J.B.R. conceived the study, helped carry out the field component of the study, provided resources, and helped draft the manuscript; J.R. helped carry out the research, design the statistical analysis, and draft the manuscript; T.C. helped to design and carry out the study, and contributed to statistical analysis; HA coordinated the field component of the study; I.W. helped carry out the field component of the study; K.C. conceived the study, helped carry out the field component of the study, provided resources, helped draft the manuscript, and coordinated the study. All authors gave final approval for publication.

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REFERENCES


**SUPPORTING INFORMATION**

Additional supporting information may be found online in the Supporting Information section at the end of the article.

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Analysis of 124 coral cores collected across the Belize Mesoamerican Barrier Reef System indicates that nearshore corals have historically grown faster than their offshore counterparts, but that growth rates of nearshore corals are in decline while offshore growth rates remain stable. For both species, individual mass coral bleaching events were correlated with low rates of skeletal extension within specific reef environments, but no single bleaching event was correlated with low skeletal extension rates across all reef environments. We postulate that the decline in skeletal extension rates for nearshore corals is driven primarily by the combined effects of long-term ocean warming and increasing exposure to higher levels of land-based anthropogenic stressors, with acute thermally induced bleaching events playing a lesser role.